The program continues to connect the community with older adults residing in the William Penn, Interboro, and Ridley School Districts. I invite you to help us grow the program by encouraging family members and friends to volunteer with Aging at Home.

Christine Rae Helmandollar
Program Director

Aging at Home
Friendship Circle Senior Center
1515 Lansdowne Avenue
Darby, PA 19023

Schoolhouse Center

CONNECT WITH US!
484-534-2201
www.scs-delco.org
(link) Aging at Home
Facebook
@seniorcommunityservices

Valued Services with Aging at Home

In the beginning of the 2019 fiscal year, SCS’ Aging at Home sustained a leadership role in providing robust community-based services to meet the varied needs requested by members. Aging at Home provides the support to help seniors maintain independent living as they stay in their own homes. The home base of Aging at Home can be found within the Friendship Circle walls; and yet, the program is connected to both Friendship and Schoolhouse centers and offers on-site appointments on Tuesdays and Thursdays at Schoolhouse. The program’s success is due to the wonderful loyal volunteers who are serving on its Neighborhood Advisory Council which is a team of professional leaders within its footprint offering advice and making program decisions; hard-working volunteer handymen completing daily maintenance jobs that are too small for a business and yet so needed by a homeowner; trustworthy volunteers; local companies offering service hours to give back to their communities; student volunteer groups beautifying yards and providing fair prices.

Aging at Home is excited about its growth this year reflecting on how inviting the program is to Delaware County seniors that have never connected to senior services and how valuable services are to its members. Please note the chart below.

Aging at Home has continued to grow its partner list vetting local businesses based on members’ request for household jobs. Members are satisfied with the results of business referrals and feel a sense of protection. The screening and personal interaction that our program provides to members seems to be financially rewarding for our local business and in turn, our members get the jobs that they need completed to make daily living more comfortable.

Thank you to contributing municipalities and the Neighborhood Advisory Council (NAC) for supporting Aging at Home program efforts in making a difference of providing resources to age in place.

<table>
<thead>
<tr>
<th>Impact Report</th>
<th>comparable data report showing growth and need for Aging at Home</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2018/19</td>
</tr>
<tr>
<td># Of Seniors Served</td>
<td>892</td>
</tr>
<tr>
<td>Transportation Rides</td>
<td>240</td>
</tr>
<tr>
<td>Partner Referrals</td>
<td>144</td>
</tr>
<tr>
<td>Beautification Projects</td>
<td>133</td>
</tr>
<tr>
<td>Volunteer Hours</td>
<td>1284</td>
</tr>
<tr>
<td>Connecting Hours</td>
<td>$75</td>
</tr>
</tbody>
</table>
Trips to the pharmacy, hair salon, grocery market, or medical appointments are why so many members utilize the Aging at Home transportation service. Aging at Home is a “customized” service that complements Community Transit and other public options, available for trips Monday through Friday, 8:30 a.m. to 3:00 p.m. for a cost of $5 round trip available to active members, who have paid their annual dues. Within this calendar year, Aging at Home has expanded its transportation service to meet the members’ requests for rides. The options include: the original and most popular option is door-thru-door, trained SCS volunteer providing both the pick-up and return for the ride; a small grant that provided funds to pay Lyft allowing Aging at Home to act as a concierge service to schedule and pay for rides; and Community Transit as a latest and new addition to providing rides and still honoring the $5.

Please follow these tips to maximize quality service with all options available through the program:

- Schedule your ride with Elizabeth Aimee, Administrative Assistant on Tuesday, Wednesday and Thursday, 9:00 a.m. to noon. A week’s notice is mandatory but more advance notice is helpful. There is an understanding that trips may need to be cancelled due to health or unpredictable circumstances, but it is required for you to call the Aging at Home office as soon as you learn of a change.
- Up to two stops in one scheduled trip is allowed with a maximum of two rides in a week.
- Please allow a window of 15 minutes for the driver to arrive at your home. For waiting purposes, connect on an individual basis with the volunteer for details (preferably cell phone) and be diligent in following designated time of return and pick-up location when using Lyft or Community Transit.
- No rides can be scheduled directly with drivers and destinations must be in Delaware County.
- Up to one person may accompany the ride.
- The cost of all rides, volunteer-based, Lyft or Community Transit is $5. Lyft and Community Transit rides will be billed at the end of each month to riders.

Following these tips will provide a more efficient transportation service and pleasant travel experience for the member.

Countless Words of Appreciation

Dolores Jones-Butler, well known as Mayor of Yeadon Borough for more than 10 plus years joined Aging at Home in June and is very satisfied with the services that she has received through the program. “What a wonderful program and many thanks to those involved,” she writes in a thank you with a donation to keep program services moving forward. “I would have paid a handyman much more for what they completed in my house” she adds.

In addition to the handyman service, Mrs. Butler had summer yardwork weeding and has connected with two partners to get other house jobs completed. Furthermore, she is becoming much more active at the Friendship Circle Senior Center bringing friends with her for lunch, attending classes, and catching up with familiar Yeadon residents that she would see on a regular basis around town.

Dolores believes Aging at Home is perfect for fellow seniors to join so they can benefit from the work that she has received. She is a perfect example of how beneficial Aging at Home can be to you as you remain living in your own home. As much as Dolores is sharing with friends how wonderful Aging at Home is, we are lucky to have a wonderful person in our program and community.
Aging at Home 2019-20 Coupon Books are available to new and renewed members who have paid their $35 annual membership fee. Booklets help members understand Aging at Home services and even provide some financial savings. Coupon booklets are being distributed to members at the close of each month of paying membership, offering discounts on home repairs, financial incentives to participate in classes at Friendship Circle and Schoolhouse Centers and other valuable discounts. These coupons offer immediate value and savings, allowing members to take advantage of a new senior resource, while building support of services that they currently use. Services and discounts included in this year’s booklet are: a complimentary care management consultation; $10 discount on home repairs; $5 discount on one Center for Lifelong Learning Class at Friendship Circle or Schoolhouse centers; one free hot lunch at Friendship Circle; one free roundtrip transportation ride; priority reservation for leaf raking or outdoor beautification project; and a complimentary health insurance consultation with SCS APPRISE volunteers. Booklets will be offered annually; therefore, members who have paid their membership will have the opportunity to receive a booklet. Hopefully, the coupon booklet is a tool for spreading the word to neighbors and friends in the area, as well as giving members a better sense of the benefits they will receive from the program.

**Elizabeth Aimee - Administrative Assistant**

As a friend of SCS, it is important that we keep you informed of current happenings here at Aging at Home, serving older adults in the service areas of Friendship Circle and Schoolhouse centers. I am excited to introduce new Administrative Assistant, Elizabeth Aimee. She comes to us with a great appreciation for community service and just happens to be the daughter of longtime respected SCS board member Joe Miller.

Elizabeth is a lifelong Delaware county resident with a son currently attending Ridley Middle School. She will be working for Aging at Home Tuesday, Wednesday and Thursday, 8:30 a.m. - 1:30 p.m. During her time in college, Elizabeth gained administrative experience working for a local small business. She graduated from the Pennsylvania Academy of the Fine Arts with a Bachelors of Fine Arts. Since earning her degree she has exhibited artwork in Philadelphia and New York, worked as an art teacher, and has done volunteer work. Working for Aging at Home “feels like a perfect fit” to Elizabeth who says “it allows me to be close to my son, apply my administrative knowledge, fulfill my desire to do positive work in my community, and be creative”. As well as being Aging at Home’s new Administrative Assistant, Elizabeth is excited to be teaching an art class at Friendship Circle Senior Center this Fall from October 4 to November 22, 2019. The class is called **Mixed Media on Paper** and will be held every Friday from 12:00 p.m. to 1:00 p.m. with a cost per class of $5. We encourage you to enroll in this “new” class.

Elizabeth’s voice breathes kindness, patience, and attention to detail. Aging at Home is lucky to have her on the team. Please help me welcome her. Elizabeth’s contact information is as follows: eaimee@scs-delco.org or 484-534-2201.
Aging at Home Upcoming Events

It is our pleasure to invite you, family and friends to Aging at Home events that focus on building its volunteer base and membership.

Drivers and Handymen Training Session
Thursday, September 26, 2:00 p.m., Lansdowne Library

Updates and Introductory Class
Thursday, October 10, 12:15 p.m., Schoolhouse Center

Updates and Introductory Class
Tuesday, October 15, 11:00 a.m., Friendship Circle

SAP Volunteer Day (yardwork and window washing)
Monday, October 21, 9:00 a.m.

Volunteer Appreciation and Information Session
Tuesday, November 19, 10:00 a.m., Ridley Township Library

Aging at Home provides:

In your community or Friendship Circle & Schoolhouse Centers:
- Socialize and make new friends!
- Join book clubs, bible studies, pool teams, Red Hat Society
- Gain health and nutrition tips, watch cooking demos, get health screenings
- Take classes in art, computers, and much more!
- Energize and exercise—Zumba, yoga, dance
- Enjoy a hot lunch every weekday

In your home, receive:
- Emergency Response Buttons, Stair Glides, Grab Bars
- Chore services—inside and outside your house
- Trustworthy home repair referrals

In your Community and in your Home:
- Caregiver support—reimbursement and education
- Guidance to understand health insurance and prescription coverage options
- Transportation for medical appointments, grocery, pharmacy, and other errands
- Help with hearing loss and selecting assistive devices
- Connection to federal and state benefits
- Brain fitness activities

Register Now
Call
484-534-2201

Pictured from left: Aging at Home volunteers Bill Soper, Delaware County Probation Unit Coordinator (yardwork); Jim Cope (driver); and Steve Sampels (handyman & driver) that have contributed more than 40 hours of service this month.