POULTRY

Chicken Fried Rice
Served with Brown Rice and Asian Blend Vegetables

BBQ Chicken Leg
Served with Collard Greens and Corn

Grilled Chicken Fricassee
Served with Broccoli Florets, and Brown Rice Pilaf

Grilled Chicken Teriyaki
Served with Snow Peas, Mushrooms, Red Peppers, and Brown Rice

Chicken Cacciatore
Chicken Thigh served with Broccoli and Cauliflower, Parmesan and Basil Orzo

Coconut Curry Chicken Breast
Served with Wild Rice and Asian Blend Vegetables

Pineapple Chicken
Served with Rice, Sweet Potatoes and Green Beans

Stuffed Chicken Breast
Served with Corn Bread stuffing, Gravy and Garlic Broccoli

Sliced Herb Roasted Turkey
Served with Home-style Gravy, Whipped Potatoes, Broccoli, Carrots and Warm Spiced Pineapple

Sliced Turkey with Apricot Glaze
Served with Mashed Sweet Potatoes, Brussels Sprouts

VEGETARIAN

Vegetable Lasagna with Mozzarella Cheese
Served with Grilled Vegetables

Cheese Tortellini with Marinara Sauce
Served with Italian Blend Vegetables

Cottage Cheese & Fresh Fruit Platter

MEAT

Beef Chili
Served with Mixed Vegetables

Sliced Beef Pot Roast
Served with Potatoes, Peas, Onions and Carrots, over Wide Noodles, Brussels Sprouts

Sheppard’s Pie
Served with Peas, Carrots, and Mashed Potatoes, Green Beans and Red Peppers, Warm Cinnamon Apples

Beef Stroganoff over Wide Noodles
Served with Mushroom Gravy, Garlic Spinach, Carrots and Roasted Beets

Meatball Sandwich
Served with Marinara Sauce and Provolone Cheese, Zucchini, Corn

Baked Ham with Pineapple Glaze
Served with Baked Macaroni and Cheese, and Green Beans

SEAFOOD

Baked Fish Sandwich with Dill Sauce
Served with Grilled Veggies and Lemon Herb Brown Rice

Lemon Rosemary Baked Fish
Served with Green Wax Beans and Sliced Carrots

Stuffed Seasoned Baked Fish
Served with Capri Blend Vegetables and Roasted Red Bliss Potatoes

Deluxe Seafood Salad Platter
Served on bed of Lettuce, Tomato and Cucumber with Olive Medley

Tuna Salad Platter
Served with Green Pepper Slices
DESSERT/JUICES

Desserts

Bakers Choice of the following:
Decadent Chocolate
Delicious Apple Pastry
Oven Fresh Cookies
Fresh Muffins
Seasonal Fresh Fruit
Jello Parfait

Juices

100% Apple Juice
100% Orange Juice
Cranberry Juice Cocktail

SALADS/SOUPS

Salads

Garden Salad
Greek Salad
Caesar Salad
Spinach Salad
Marinated Cucumber Dill Salad
Broccoli, Cranberry & Onion Salad
Carrot, Raisin and Pineapple Salad

Soups

Beef Barley Soup
Chicken Noodle Soup
Tomato Soup
Split Pea Soup
Minestrone Soup
Butternut Squash Soup

BREAKFAST

Spinach and Cheddar Omelet
Served with Hash Brown Potatoes, Scalloped Tomatoes

Cinnamon French Toast Sticks
Served with Turkey Sausage Omelet

Hearty Oatmeal
Served with Chopped Pecans, Dried Cranberries, Golden Raisins, and Scrambled Eggs

Cheese Crepes
Served with Cinnamon Sliced Apple Compote and Breakfast Potatoes

*Special dietary meals are available upon request, including but not limited to, purées, renal, and diabetic.