



WEEK 1
WEEK 2
WEEK 3
WEEK 4
WEEK 5

Tuesdays

June 7

Minestrone Soup
Chicken Caesar Wrap (Sliced Chicken, Lettuce, Tomato, on a Wheat Wrap, with a Packet of Caesar Dressing)
Fresh Clementine

June 14

Corn Chowder
Honey Mustard Ham and Cheese Sandwich (on Whole Grain Bread, with a Packet of Honey Mustard Sauce)
Bag of Sun Chips
Pudding Cup

June 21

Tomato Bisque
The Gobbler on a Ciabatta Roll (Cold Turkey Breast, Stuffing, and Lettuce Leaf)
Side of Cranberry Sauce
Chocolate Chip Cookie

June 28

Mushroom Barley Soup
Corned Beef Special (Corned Beef on Rye Bread with Cole Slaw on the Side and a Packet of Russian Dressing)
Apple Crumb Cake

Thursdays

June 2

Cream of Potato Soup
Tuna Salad Sandwich (on 7 Grain Bread with Lettuce, Sliced Tomato)
Bag of Sun Chips
Fresh Apple Slices

June 9

Broccoli Cheddar Soup
Grilled Chicken Breast and Cheddar Cheese on a Kaiser Roll
Bag of Potato Chips
Oatmeal Raisin Cookie

June 16

Onion Soup
French Dip Sandwich (Carved Roast Beef with Swiss Cheese on an Italian Roll)
Bag of Sun Chips
Fruited Jello Cup

June 23

White Bean and Spinach Soup
Classic Egg Salad Sandwich on a Croissant with Lettuce and Sliced Tomato
Potato Chips
Fresh Apple Slices

June 30

Chicken Rice Soup
Italian Hoagie (Salami, Ham, Provolone Cheese, Lettuce, Tomato on a Club Roll)
Potato Chips
Fruited Jello Cup

Senior Community Services

JUNE 2022 GRAB AND GO MENU

CALL THE CENTER TO RESERVE | ALL MEALS COST \$2.50