

SEPTEMBER



September 2024 Schoolhouse Center

600 Swarthmore Ave
Folsom, Pa 19033
610 237-8100
Scs-delco.org



Volunteers Always Needed

Get Giant Cards at Front Desk

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Center CLOSED</p>  <p>LABOR DAY</p>	<p>3</p> <p>9:00 AVON IS HERE 9:00 Pool 9:00 Blood Pressure Screens 9:00 Craft Sale 10:00 Healthy Moves 12:00 Knitters & Crocheters 12:30 Line Dance 1:30 Mahjongg/Games</p> <p>4:00 Tuesday @ Pat's</p>	<p>4</p> <p>9:00 Exercise 9:00-11:00 BINGO \$\$ 9:00 Pinochle / Pool 10:30 Zumba with Lavinia 11:30 Zoom—Beginners Spanish 12:00 Humana Presentation 1:00 Bingo 2:30 Chair Yoga</p> <p>Games All Day</p>	<p>5</p> <p>9:00 Pool 10:00 Grief Group with Mercedes 10:00 Healthy Moves 11:00 Sing a long with Peg</p> <p>12:30 Kraft of the Month with Kathy—Fall Magnets</p>	<p>6</p> <p>9:00 Pinochle / Pool 9:00- BINGO \$\$ 12:00 Open Art Studio 12:00 Rummikub 12:30 Peg Plays Piano *come sing along* 1:00 Wii Bowling w/Shirley</p> <p>Games All Day</p>
<p>9</p> <p>9:00 Bingo \$\$ 9:00 Pinochle/Pool 9:30 Spanish Class -Zoom 12:15 Pinochle Tournament 12:30 BIBLE STUDY 1:00 Meditation - (Zoom)</p> <p>Learn to use Email-Appointment Only</p> <p>7:00 Square Dancing</p>	<p>10</p> <p>9:00 Pool 9:00 Blood Pressure Screens 9:00 Craft Sale 10:00 Healthy Moves 12:00 Knitters & Crocheters 12:30 Line Dance 1:30 Mahjongg/Games</p> <p>4:00 Tuesday @ Pat's</p>	<p>11</p> <p>9:00 Exercise 9:00-11:00 BINGO \$\$ 9:00 Pinochle / Pool 10:30 Zumba with Lavinia 11:30 Zoom—Beginners Spanish 1:00 Bingo 2:30 Chair Yoga</p> <p>Games All Day</p>	<p>12</p> <p>9:00 Pool 10:00 Healthy Moves 11:00 Sing a long with Peg 1:00 Adult Coloring</p> <p>4:00—6:00 SPAGHETTI DINNER - Sponsored by Advisory Council</p> <p>2:00 Mosaics 6:00 Mosaics</p>	<p>13</p> <p>9:00 Pinochle / Pool 9:00- BINGO \$\$ 10:00 Cardio Drumming 12:00 Open Art Studio 12:00 Rummikub 12:30 Peg Plays Piano *come sing along* 1:00 Wii Bowling w/Shirley</p> <p>Games All Day</p>
<p>16</p> <p>9:00 Bingo \$\$ 9:00 Pinochle/Pool 9:30 Spanish Class -Zoom 12:15 Pinochle Tournament 12:00 Movie 1:00 Meditation - (Zoom)</p> <p>Learn to use Email-Appointment Only</p> <p>7:00 Square Dancing</p>	<p>17</p> <p>9:00 AVON IS HERE 9:00 Pool 9:00 Blood Pressure Screens 9:00 Craft Sale 10:00 Healthy Moves 12:00 Knitters & Crocheters 12:30 Line Dance 1:30 Mahjongg/Games</p> <p>4:00 Tuesday @ Pat's</p>	<p>18</p> <p>9:00 Exercise 9:00-11:00 BINGO \$\$ 9:00 Pinochle / Pool 10:30 Zumba with Lavinia 11:30 Zoom—Beginners Spanish 12:00 Rep Delloso Mobile Office 1:00 Bingo 2:30 Chair Yoga</p> <p>Games All Day</p>	<p>19</p> <p>9:00 Pool 10:00 Grief Group with Mercedes 10:00 Healthy Moves 11:00 Sing a long with Peg 12:30 PSU Nutrition Program With Joan -Eating Healthy 3:00 DINING with FRIENDS @ Lehman's</p> <p>2:00 Mosaics 6:00 Mosaics</p>	<p>20</p> <p>9:00 Pinochle / Pool 9:00-BINGO \$\$ 10:00 Safer Steps fpr Older Adults—Mainline Health 12:00 Open Art Studio 12:00 Rummikub 12:30 Peg Plays Piano *come sing along* 12:30 Crochet with Mercedes 1:00 Wii Bowling w/Shirley</p>
<p>23</p> <p>9:00 Bingo \$\$ 9:00 Pinochle/Pool 9:30 Spanish Class -Zoom 12:15 Pinochle Tournament 12:30 BIBLE STUDY 1:00 Meditation - (Zoom) 1:00-3:00 Water Color Painting Class with Marie Gilligan</p> <p>7:00 Square Dancing</p>	<p>24</p> <p>9:00 Pool 9:00 Blood Pressure Screens 9:00 Craft Sale 10:00 Healthy Moves 12:00 Knitters & Crocheters 12:15 Cognitive Skills Kit—"Homelife" with Dora 12:30 Line Dance 1:30 Mahjongg/Games</p> <p>4:00 Tuesday @ Pat's</p>	<p>25</p> <p>9:00 Exercise 9:00-11:00 BINGO \$\$ 9:00 Pinochle / Pool 10:30 Zumba with Lavinia 11:30 Zoom—Beginners Spanish 12:00 Advisory Council 2:30 Chair Yoga</p> <p>Games All Day</p>	<p>26 VACCINE CLINIC</p> <p>10:00-2:00 Lisa (Acme Pharmacy) Flu Shots</p> <p>9:00 Pool 10:00 Healthy Moves 11:00 Sing a long with Peg 11:30 -1:30 Paint with a Twist Always Compassionate Homecare</p> <p>2:00 Mosaics 6:00 Mosaics</p>	<p>27</p> <p>9:00 Pinochle / Pool 9:00- BINGO \$\$ 10:00 Cardio Drumming 11:30 Birthday Luncheon 12:00 Open Art Studio 12:00 Rummikub 12:30 Peg Plays Piano *come sing along* 1:00 Wii Bowling w/Shirley</p> <p>Games All Day</p>
<p>30</p> <p>9:00 Bingo \$\$ 9:00 Pinochle/Pool 9:30 Spanish Class -Zoom 12:15 Pinochle Tournament 1:00 Meditation - (Zoom) 1:00-3:00 Water Color Painting Class with Marie Gilligan</p> <p>Learn to use Email-Appointment Only</p> <p>7:00 Square Dancing</p>	<p>Get moving with us at Schoolhouse! Variety of exercise of classes offered Tuesday-Friday</p> 	<p>Join us for Hot Lunch MWF 11:30 AM \$2.50</p>	<p>Learn to use email here at Schoolhouse—come in or call and make an appointment at the front desk!</p>	<p>Grab & Go Lunches Tuesday & Thursday \$3.50</p>